

SAA Diver Training Programme

SAA Snorkel Diver - (SDM)

Assessment and Marking System Form

This form must be completed in accordance with SAA Snorkel Diver Programme
Snorkel Diver Skills Training - (SDS) document

Candidate's Name:		SAA No:			
Club Name and SAA number:		Date:			
Written examination result (pass mark 80%):		% mark			
Complete a self-declaration medical form (the Forms for juniors must be signed by their parents/guardians).					
Fitness Assessment: The trainee must pass this fitness test prior to commencing training.					
Task Description	Dive 1 Mark Date	Dive 2 Mark Date	Dive 3 Mark Date	Dive 4 Mark Date	
1. Swim 200 metres freestyle.					
2. Recover three objects from the bottom of the swimming area (1.5 metres maximum). Complete a self-declaration medical form (the Forms for juniors must be signed by their parents/guardians).					
SDS1 Snorkel Diver Skills:					
1. Make a safe entry, sink basic equipment to the pool floor and recover to the surface and refit, give "OK" signal.					
2. Fin 200 metres, surface dive every 25 metres and swim underwater.					
3. Demonstrate ability to establish positive buoyancy with BCD.					
4. Fin 100 metres wearing an appropriate weight.					
5. Fin 50 metres face submerged breathing through snorkel and not wearing a mask.					
Open Water Snorkel Diver Assessments:					
1. Swim 500 metres neutrally buoyant.					
2. Surface dive and recover object					
3. Attend two additional snorkel meetings.					
Note: The Remarks section below is for the Instructor to make any comment thought necessary regarding the progress of the trainee. These may prove useful in the event of changing Instructors.					
Remarks:					
Instructors Name & No.:		Signature		Date	
DO's Name:		Signature		Date	

Notes:

Each question in the written examination has a mark value. Partially right answers can be allotted a percentage of the prescribed value. The minimum pass mark is 80%.

Skills must be assessed on a continuing basis, with constructive feedback to the candidate on their performance after each dive. Use the following system to mark your assessment of the candidate's performance:

- a = Pass
- b = Improving
- c = Failing
- d = Failed

The third dive should be the target for getting everything right; this leaves the fourth and final dive as a follow-up for slower students. The test is that the student must perform each skill to the demonstrated standard on time and with confidence.

A trainee attaining anything less than an "a" must be given feed-back, constructive comments on what they need to concentrate and how to achieve the desired results.